



1830
THE DISEASED —
AN HOSPITAL FOR
N. C.



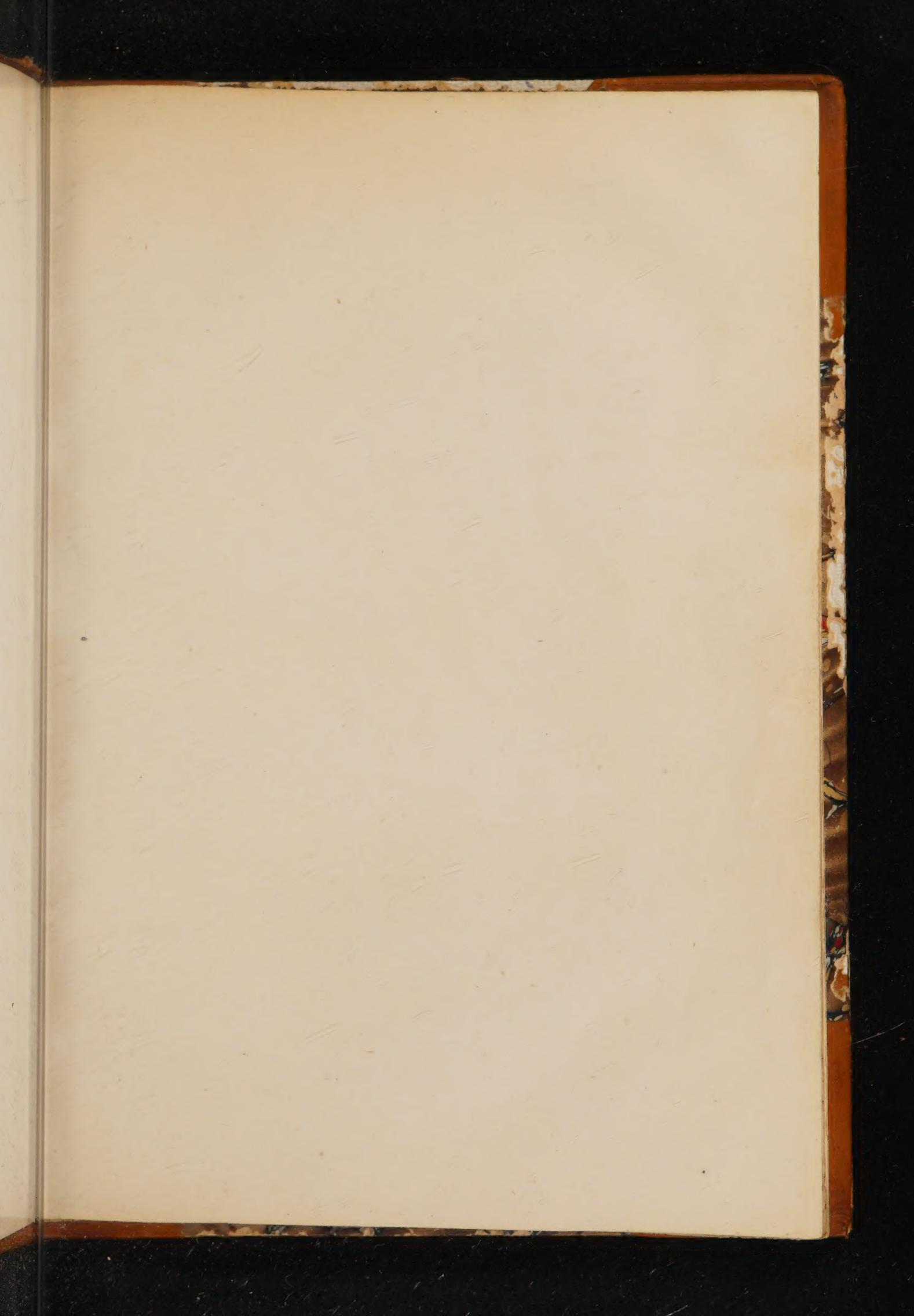


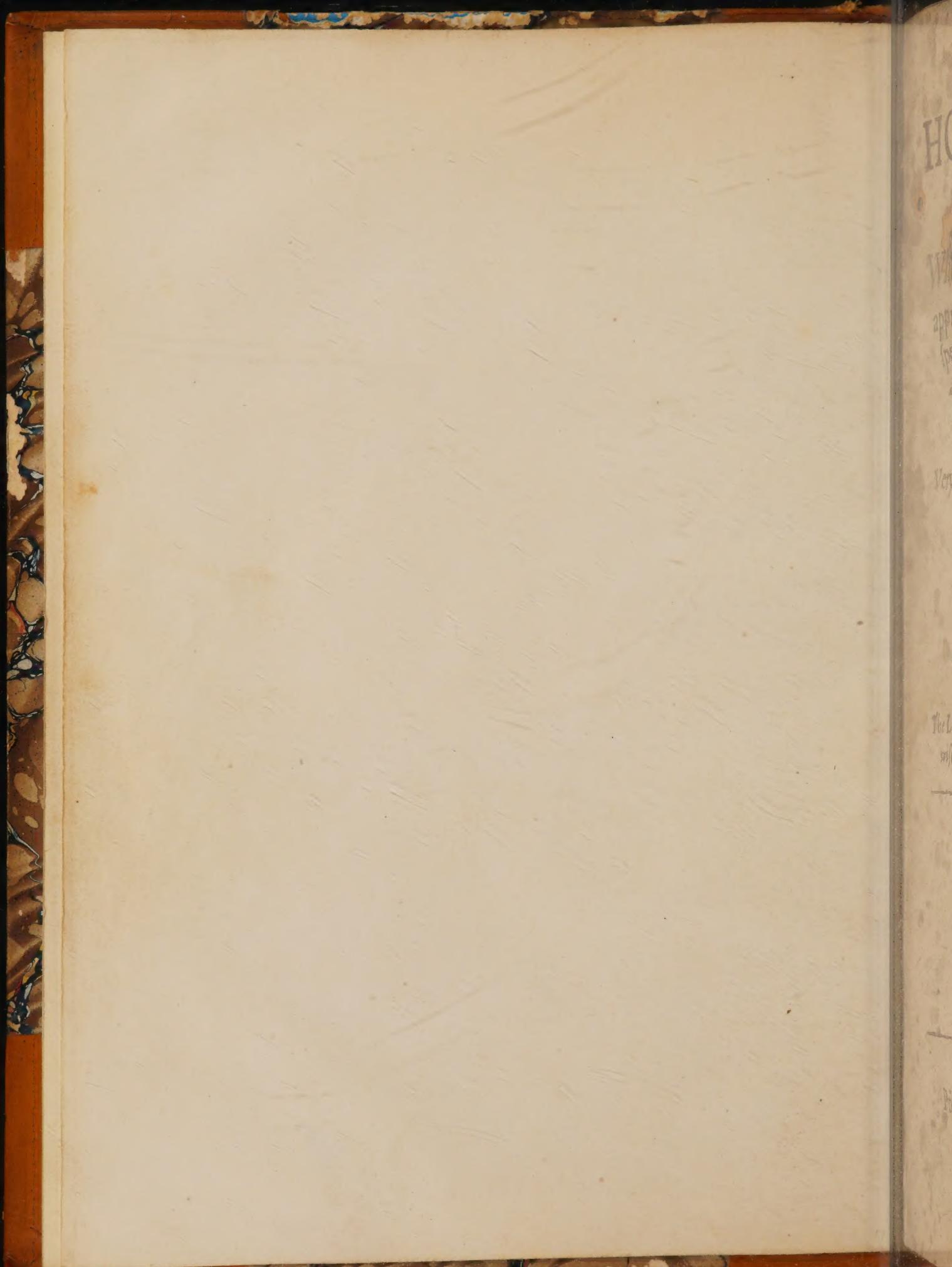






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AN HOSPITALL FOR THE DISEASED.

Wherein are to be found most excellent
approued Medicines, as well Emplaisters of
speciall vertue, as also notable Potions or Drinke,
and other comfortable Receites, for the resti-
tution and preseruation of bodily health.

Very necessary for the time of common Plague and
mortality: and for other times when
occasion shall serue.

Newly augmented and enlarged.

Gathered by T. C.

Eclesiasticus. 38.4.

The Lord hath created Medicines of the earth, and he that is
wise will not abhorre it.



LONDON:

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shop in Cheape-side at the signe of the
Bible. 1630.





To all such Readers, as haue care of their bodily health.

How prouident a Patron and bountifull a Father, the Lord God of life is vnto vs vntankfull and rebellious children, his manifold benefits do testifie: yea the continuance of his kindnesse is herein principally declared. For whereas our owne naturall corruption worketh daily in vs the banishment out of his fauour, and the danger of reprobation: he notwithstanding in consideration of our weaknes, withdraweth not his compassion from vs, but in all our necessities, reaching out his helping hand vnto vs, is most ready (as hee is alwayes able) to plucke vs out of the pit of perdition, whereinto the hainousnesse of our transgressions (as it were with a Cable) haleth vs perforce. O gracious God, how shall sinners worthily aduance the excellency of thy loue! Who shall giue them an heart to conceiue thy kindnes? Whence shall they haue vtterance to sound out thy mercy? Of themselues (because they are vessels of wrath) they cannot compasse so perfect a worke. Thou therefore which art the perpetuall spring of all goodnes, giue it them O give it them, and they shall haue it: yea and in the hauing of it, they shall magnifie thy name, extoll thy power, and maruell at thy mercy. Where is one, among thousand, thousands, that looking vpon the heauens most gloriously beautified, vpon the earth most plenteously enriched, vpon the frame of his owne body, moit Angellically created, but shall of compulsion acknowledge the omnipotency of God, and confess the vnmeasurable greatness of his goodnes, and loue toward man? The heauen, to maintaine life and light: The earth to succour and sustaine nature, All creatures liuing in land or water, to supply his wants: nothing to be reckoned and named which hee hath not most liberally giuen vnto man, as appointed him Lord and souaigne, but them his vassalles or seruants. Against hunger, cast thou shouldest famish, he hath prouided nourishment: against

To the Reader.

thirst, least thou shouldest perish, he hath ordained sauory li-
quors: Against cold, least thou shouldest die in thy nakednes,
he haue giuen thee clothing. And what hath he done besides?
Hath he not speciall regard to thy condition and estate? I meane
to the health of thy body, and the safety of thy soule? Yes, yes,
and that is evidently proued by the manifold remedies, which
hee hath prepared to restore thee to soundnesse of lim and life,
and by the free course of the pearle of his Gospell, which is the
Iewell of all Christian ioy. In consideration of these so many
good graces of God, what doth Christian duety require? (I
speake to all, vnto whose view and censure this preface shall be
presented.) Let them take the sweet sacrifice of thankfulness,
and burne the same vpon the Altar of an humble heart, that the
redolent and perfumed incense of the same ascending vp into
heauen, may smell sweet in his nosethrils, whose speciall delight
is in such a burnt offering and oblation. Thus much haue I sayd
by way of aduertisement, vpon occasion of this present Booke,
whose benefits as they are diuers, so are they singular, and in
them all is Gods goodnessse highly commended. Note of my
words, and then iudge of the value and worthinesse of the
Booke. Art thou diseased in thy head? art thou grieued in thy
heart? art thou pained with ache? art thou tormented with a
Feauer? art thou wounded? art thou troubled with any irke-
some sore? Doth thy sight faile? Doth thy hearing waxe weake?
Doth thy youth weare away? Doth age creepe on apace? Final-
ly, doost thou feele thy selfe infected with the poyson of the
Plague and Pestilence? Then delay no time: but with a small
price buy a Iemme worth gold (this Booke I meane,) which
though it be little in quantity, yet it is great in quality and ver-
tue. Here (as in a cunning Apothecaries shop) are receipts of
sundry sorts prouided, wherewith the rage of any sore may bee
mitigated: the nipping smart of any Ulcer or wound asswaged
and the venome of any malladie expelled, and the perfection of
health restored. Thanke God and vse it in thy need. Heere thou
hast succour to serue thee in thy sicknesse.

Thus farewell in Christ, T. C.



An Hospitall for the diseased.

A preseruation against the Plague.

Take a handfull of Sage, a handfull of Herbe-grace, o-
therwise called Rew, a handfull of Elder-Leanes, a
handfull of red Bramble-leaves, and stampe them
together, and straine them through a cloth, with a quart of
white wine: then take a quantity of Ginger, and mingle them
all together, and drinke thereof morning and euening a spoone-
full nine dayes together.

For the party infected with the Plague.

If it fortune one to be sick of the Plague before hee hath
drunckes the foresaid medicine, then take the water of Scabi-
ous a spoonefull, water of Betony like much, and a quantity of
fine Treacle, put it together and drinke it, and it will expell all
the venome.

A Medicine to breake the Botch.

If it fortune the Botch to appeare, then take Bramble-
leaves, Elder leaues, Mustard-seed, and stampe them all toge-
ther, and then take it, and make a plaster, and lay it to the sore,
and it will draw out the venome.

A Medicine for the Plague.

Take thre slips of hearbe Grace, and sre spoonesfulls of Wi-
neger, and heate the same together, then straine the iuyce out
thereso, and put thereunto one ounce of fine Treacle, and one
ounce of Sugar, and stir it together, then set it over the fire, and
make thereof a Sirrops and put it in a box close, then take a
Sage-leafe, and every morning fasting, spread as much as a
Beane thereof vpon the same Leafe and so eate it. And if hee
that taketh it be infected, it will drine it from the heart, and if
the party that taketh it euening and morning, bes not infected,
it will preserue him within 24. houres after.

A plaister to draw the sore.

Take one spoonefull of Hony, the iuyce of Spurge, two
spoonfulls and a halfe: of Wheaten flewe, a good quantity, and

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one spoonfull of Turpentine, and temper them together without fire, and make of the same a plaister, and lay it to the soze, changing it at every 24. houres.

A good Medicin against the Plague approoued.

Amongst other excellent & approoued medicines for the pestilence, there is none more worthy available when the soze doth appcare, then to take a Cocke, Pullet & Chicken, and let the feathers of the tayle of the highest part be plucked off, till the rump be bare: then hold the said bare of the Pullet to the soze and the Pullet will gape and labour for life, and in the end will dye: then haue another Pullet and doe the like to the Patient and if that dye, yet still apply the patient with Pullet so long as any doe dye: for when the poison by the said Chickens bee drawne forth, the said Chickens that bee offered thereunto will live, then the soze presently will swage, and the party forth with recovereth: this medicine is necessary to drawe the venome from the heart.

A soueraigne drinke against the Pestilence.

Takes an ounce of Sozrell-water, and as much Dragon-water, a dragine of Treacle, and put thereto a dragine and a halfe of powder Imperiall, and give it to the patient with Ale within 24. houres after he is infected, and he shall with Gods grace escape and do well.

A plaister to draw a head to the sore of the Plague
and to breake it.

Take two Lilly-rootes, one handfull of sowre Dough, two handfulls of Mallewes, one handfull of Linseed, Stampe all these together small, and boyle them in a quart of the Lyes of Wine till it be thicke, then lay it an ync thicke upon Leather, broader then the soze, and let the borders of the leather be plastered with Cordiers ware, to make it cleane: it shall bring out the Hatch in 12. houres, and breake it shottly.

A medicine that was taught King Henry the seauenth by
his Physician, against the Pestilence.

Lake halfe a handfull of Rew, likewise of Mandragories,
Featherfew, Sozrell, burnet, and a quantity of the Crops and
rootes of Dragons, wash them cleane, and scethe them with a
soft

for the diseased.

soft fire in running water, from a pottle to a quart, and then straine them together through a cleane cloth, and if it be bitter put thereto a quantity of Sugar-candy, or other Sugar: and if this medicine be vsed before the Purples do arise, you shall be whole by Gods grace.

A medicine to be drunke, suspecting any to
haue the Plague.

Take a great Onyon, and the coze being taken out, fill the same full of good Treacle of Jeane, and wrap the same in a paper, and roll it till it be soft, then straine the same with a little wine Vineger, and beeing tempered with a quantity of Sugar give the Patient to drinke two spoonesfulls fasting: and if the Patient be infected with the Plague, you shall perceiue the appearance thereso, within sixe houres after the receipt of the same drinke.

Also for the vsuall drinke of euery Patient
being so infected.

Take Rosemary the quantity of eight or nine Crops: then take of Marigolds being browne wthyn, of Burnet, and of Bourage, every one a handfull thereof, let them bee sod in a quart of stale Ale clarified, then put into it a crust of Bread, a little whole Mace, and a quantity of Sugar, and let him drinke the same at all times during his sicknesse, and put Pimpernell in his Broth.

Also another drinke to be taken euery morning for a preservative against the Plague, and for the auoyding
of infection.

Take Sauery the quantity of a handfull, and boyle the same in a quart of good wine Vineger, with a spoonfull of Graines being beaten, and put into the same: then drinke the same with a quantity of Sugar every morning fasting.

For the Plague,

Take in the morning fasting one dry Figge, one Walnut, and four or five leanes of Rew, chopped all together, and eate them, and afterwards drinke a cup of Wine: if it bee a woman with childe, leane out the Rew.

A good medicin against the Plague.

Take

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Take Befony-wafer the quantity of thre sponefuls, of good wine Vineger, the quantity of thre sponefuls, and the quantity of a Nutmeg of good Treacle of Jeane, or else the quantity of a Hazell Nut of Metheridatum being all mixed together, take it in the beginning of the sicknesse.

For the Plague.

Take an ounce of the leaves of Rewhalse an ounce of good Figgs an ounce of Juniper berries, 2. ounces of Walnuts picked, 4. ounces of Vineger and a good quantity of Saffron, Stamp all the aforesaid things together, and reserve them in an earthen pot or a glasse fast stopped, that no ayre issue out, then take in the morning upon a kniues point the quantity of a Beane or more, and yee shall haue sure by the grace of God not to be infected within 24. houres after.

A Medicine for the Plague or Leprosie.

Take Hearbe-grace, Sothern-wood, Mugwort, Wormewood, of each a handfull, thre or four handfulls of Juniper-berries, those which bee blacke, cut and shred the hearbes small and put them into a Flanders Pipkin, and powre thereto four quarts of good White wine Vineger, and let them soke seauen nights if the hearbes be dry, if they bee græne, let them not soke aboue fourteene houres, then put a handfull or two of those hearbes which bee in the Pipkin into the Still, and then take out a quart of the same Vineger, and powre it into the Still vpon the hearbes, and distill it with a pretty soft fire, for too great a fire will waste it away, and so still it vntill you haue killed all, from the Pipkin into the Stillatory, and after this powre it into the Pipkin againe, and put as many new and fresh hearbes, with so many berries as you had before in the Pipkin againe, and so let them soke one other 7. nights, and then still them againe as you did before, and so the thrid time to bee vsed with new hearbs, &c. in the same manner as before, and at the last time put 4. ounces of Metheridatum into the Pipkin amongst the hearbes, or else fve or six ounces of Treacle, in the place of the Metheridatum for want thereof, and then being killed as before, put the same into a double glasse, and stoppe it with a piece of leather bound

for the diseased.

bound about it, and if the party be infected, let him take there of 4. ounces at one time, and if made be, you may give him so much for two or thre dayes, as you see cause, and to a woman but two ounces, and to chiloren according to their age, and as they be able to beare it: and so swete two or thre houres, or longer, if the party may endure, and one stand by alwayes to wipe their face, least by putting out their hand they take cold, &c. when all this is thre times stilled, it will not amount to aboue thre or fourre quarts.

An oyle for all manner of aches, bruscs, and strainings
of the Sinewes.

Take a pottle of Peates fæte oyle, and a quart of an Dre gall, a pinte of Aqua vitæ, a pinte of Rose-water, Bay-leaues, Rosemary striped from the stalkes, Straw-berry leaues, roots and stings of Lauender cotten, of every of these a handfull, beate them small, and put them into the soresaid stusse, and set he it over a fire of coales, in a Pan of two gallons, and at your owne perill, let not the flame touch the Stusse: let it seeth very well, and then take it off, and let it stand vntill it bee almost cold, then strain it throught a course linnen cloth, but not the bockome of the said liquo: then put it in a glasse, and so keepe it, and when you are paised, anoynt your griefe withall.

For an ache.

Take Aqua composita, and the Oyle of Peates fæte luke-warme, and anoynt the Pacient vpon the place of the griefe, laying warme clothes thereto.

A Medicin for an ache, or shrinking of the sinewes,

Take the tendrings of Rosemary, and Marsh Mallows, by as euyn portions as you can gesse, gather your hearbes when they be dry from raine and dew: pound them in a Morter very small, then take Hay Butter wellclarified, and put it to the hearbes, and mingle it in a vessele, and let it stand fourre dayes, then set it over the fire, and let it scathe till the strenght of the hearbes be gone, then take a litile of it in a syone, and let it drop vpon the naile, and if it be grane as the Emerald, it is perfect: and then put in an earthen pot, and when you will occupie it, you must warme it.

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A Medicine for an Ache.

Take Parsly, and Worme-Wood, of each a handfull, & saeth them in a quart of Ale, with a quantity of Swete Butter, and wash well the place therewith that aches, and also bind the hearbes to the place, as hot as you may suffer it.

An approued Medicine for Aches.

Stamp Smallage and put it into Aqua vita, and straine it, then put thereto Bees grease, and straine them well together, and anoint the patient before the fire therewith euening and morning.

A Medicine for an Ache in any place.

Take Howl-thistle, Chikweed, Elder-leaues, Grounsell and Cleuers of each a handfull, dry all these together between two tiles, and lay these hearbes to the place where the griefe is, let the hearbes be washed before they be dryed.

A Medicine for aking sores.

Take iuyce of Smallage, of Horrell, of Maybred, of each of them like much, take Honney, and the white of an Egge, of either like much, and mingle them together till it thicken, let it come neere no fire, but all raw and cold lay it to the soze.

For Aches and swellings in the knees.

Take a quart of Halmesey, and an handfull of Time, boyle them together, and when it is halfe boyled, put in a good peece of sweet Butter, and let them boile together from a quart to a pint: when you goe to bed, bathe your knees well therewith, & wet a cloth three or fourre times double therin, and lay it to your knees as hot as you can suffer all night, and vse this sixe or seauen times, and it will doubtlesse helpe you.

For a Sciatica or Ache.

Take oyle of Peates-feets, and Aqua composita, and anoynt the same place where the paine is, then take wolle newly plucked from the shrepes backe, and lay thereon, and wrap it well with warine clothes.

A Plaister for an Ache.

Take as much Stene Pitch, to the quantity of a Tennis Ball, & a spoonfull of Tar, and a pennyworth of treacle and Rosin, to the quantity of a tennis Ball, and a spoonfull of Hony, boile

for the diseased.

it ouer the stre in a Kettle, and stir it all together till it bo well melted, then take a new shreves skinne, and make holes in it with a bodkin, & spread the Medicine on the fleshy sids of the skinne, and lay it to the Ache as hot as you may.

For an Ague.

Take Curre-roostes: and red Nettle-crops: and seeth them in stale Ale & clarifie it, and giue the sicke therof to drinke about such time as the celo beginneth to come, and after the heate be past. When you see that he beginneth to sweate, giue him to drinke Posset Ale, made with Marigold and Fennell, and see the posset Ale be well clarified: use this medicine, for it will take away the Ague within thre or fours fits at the uttermost.

A medicine against the hot Feauer.

Take a handfull of bay-leauers, a handfull and more of red Sage, and seeth the same in a porrtle of stale Ale, to a quart, and the same being strained. let the patient being in bed, drinke therof a good draught, being warmed with a little Sugar, an houre before his fit come.

A good medicine for anague, be it quotidian or quartane.

Take of Smillage, and of Heatherfew, of either of them the quantity of a handfull, stamp them and straine them, and then take halfe so much as the iuice of the same is, of small Ale, and being mixt together, drinke it warme a little before the time that the fit shoulde come: that is to say, when you perceiue any grudging: this must be drunke thre severall times, the Patient going to bed, and cloathes ynow layd vpon him.

A Medicine for an Ague.

Take Nettles, Cob-webs, and Salt, and beate them in a Wodden-dish, and lay it to the left arme of the sicke, and it will take away the heate of the Ague,

For the Ague.

Take Soot, and volkes of Eggs, and bay-salt, and pepper, and mingle them together, and lay it to both wrenes, and it will take away the Ague,

For your drinke in your Ague.

For your drinke, take ale, and not strong, & use it luke-warme.

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Drinke and Pottage in an ague.

Take your Pottage and Posset Ale, & Almond milke, with these hearbes following, that is to say, *Winckfoile, Succory, Buglosse, Endive, Borage, Horehound, Lettice, and Fennel-roots, and Parsely-roots, great Raisins and Prunes.*

A Medicine for the drought in an Ague.

Take a quantity of *Borage*, a quantity of *Horehound*, a certaine of *Violet-leaves*, a certaine of *Strawberry-leaves*, seethe them in a pottle of faire running water, to a quart, then straine the hearbes, then take *Almonds*, and blanch them, beate them and straine them with the said water, and put *Sugar* therein and drinke it warme.

A Medicine for the quartane Ague, and for the drought,

Take a pottle of god red *Wine*, and a pottle of new *Milke* of a *Cow* of one colour, take two or thre good handfuls of *Mouse-eare cleane* picked and washed, strip it into the *Milke* and *Wine*, and temper them together, & let them stand so one night: and put them in a faire *Still*, and fill them with a soft fire, and take the water and put it in a faire *Glasse*, and set it in the *Hanne* soure or five dayes, and let the sicke when he dieth in his Ague, drinke thereof three or fourre times, and he shall bee rid of his Ague, and this drinke shall quench his drought.

A Medicine against the Quartane.

Take shell *Snailes* two handfuls, *Bay salt*, *Mallowes*, of each a handfull, beate them together, and lay it to the soles of your feete, before the quartane fit doth come.

A Medicine for a cold in a Feauer.

Take *Camomile* and *Wormewoode*, and seethe them in a quart of Ale, till halle bee consumed, and give it the Patient first and last.

A medicine against the hot Feauer.

Take a pottle of stale Ale, and a bottome of a stale white Loafe, and a handfull of *Winckfoile* - a handfull of *Camomile*, *Treacle* and *Winegar*, of each a spoonfull, a few whole *Paces*, *Sugar Candy*, as much as they lik, & seethe these untill halle bee consumed, and straine it from the hearbes, and give it to the Patient

for the diseased.

patient to drinke, and none other drinke during his heat, and as much thereof as he will, and it helpeth.

For the Ague.

Take two or three Cloues of Garlick, and bruse them, & a penny-worth of Aqua vita, halfe a pint of Ale: seeth them together, & drinke it a little before the fit come, as hot as you may.

Against the corrupt ayre.

Take Betony, Centory, Egrimony, of each a handfull, and stampe them & straine them with Ale, and with a Lycoris sickle bruised, and then boyle it, and clarifie it, and makis it pleasant with Sugart, and drinke thereof euery morning blood-warme thre sponefuls, thre or four dayes.

To make a man haue an appetite to his meat.

Bothe Centory in faire cleane water, and let the sick drinke thereof euery morning blood-warme, thre sponefuls, thre or four dayes.

To make a man haue an appetite to his meate.

Bothe Centory in faire cleane water, and let the sick drinke it luke-warme falling thre dayes, each day nine sponefuls, and he shall he whole, for this purifieth the stomack and brest also.

A good comfortable powder to digest well, and many other good properties.

Take Pellaroy of Spaine, Centory, Annis, Lycoris, graines of Parabile, Ginger, Sinamion, of each like much beaten, and searced into fine powder, and drinke thereof morning and euening halfe a sponefull in Wine or in Ale.

To make Ipcras for a weake stomacke.

Take a pint of Aqua vita, and put it in a glasse: then take 2. ounces of Sinamion and an ounce of Ginger, two peniworth of Cloues, two peniworth of Craines, one of Nutmegs, and beate them altogether to grosse powder, and put them all into the glasse to the Aqua vita, and shake it every day often, nine dayes together: and then drinke it in Wine or Ale, halfe a sponefull, or a quarter with halfe a pint of Ale.

A Medicine to cleanse the Back, and purge the Reines.

Take one Fennell roote, and two Parsly rootes, and picke out the piths of them, and take thereto one handfull of Pellaroy

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torp of the wall, and all these being washed cleane, saeth in Posset Ale, and drinke thereof when you goe to bed, and if you wake at midnight, drinke you also.

A Medicine for the paine in the backe, and for the heate in the backe.

Take Rose-water, and put thereto Srauders, and Rose-leaves, and lay them in steepes in your Rose-water one whole night, then wash your backs with the same, and it will take away the heate, and greatly comfort the Reines.

For paine in the backe.

Take Sage, Rosemary, Camomile, and Maudlin, of each of them a handfull, then stampe them together, and seye them in May butter, and anoint your backe with it warme.

A Medicine for the Reines of the backe.

Take halfe an ounce of turpentine of Venice, and let it be well washed in plantaine water, or Rose-water, and then mixe it with fine white Sugar, and make thereof four or fives bals, which you must eate, ther in a morning fasting, and dryly drinke a little white Wine, or Renish Wine immedately after.

To drie out a paine or griping in the belly.

Take Sothernwood, and lay it against the place of the contrary side where the torment is, and it will drie it out, and if it be layd to the Panell, it will drie a way the paine.

For the biting of any venomous beast.

Take Plantaine and drinke the iuyce thereof, and take plantaine and Salendine, of each likemach, stampe them and temper them with stale pisse, and lay it to the soze, and it will allwage the swelling, and draw out the venome.

A medicine for the byting of a mad dogge,

Take a good handfull of Betony, and a handfull of wilde Sage, a handfull of pight shade, & faire running water a pinte, the hearts being stamped & strained therewith, and put thereto a pennisworth of treacle, and give it to the patient to drinke two or three mornings.

A medicine to stop bleeding.

Take Centorpy, greene Rew, and red Fennell, and stamp

for the diseased.

and straine them, and drinke them wined.

A Medicine to stop bleeding.

Take Bursa pastoris, Plantine and Isp, of each of them like much, and bruse them in a Morter, and warme them as hot as you can against the fire, and lay them to the nose of him that blædeth, and binds some of the herbs to his temples as hot as he can suffer them.

Another Medicine for the same.

Take an old cleane linnen cloth, and wet it well in Wine, ger, then burne it to powder, then take the powder thereof, & if it be a wound, cast it therein, and it will stop the bleeding im- mediately, but if the nose blæde, then snuffe vp the foresaid powder into thy nose, and it will stinck bleeding.

Another for the same.

Take a Toade, and dry him in the sunne very dry, then put him in a linnen bag, and hang him about your Necke with a string, so low that it may touch your brest on the left side nere unto your heart, and commonly it stayeth all kinde of bleeding at the mouth, nose, or wound.

Another to stop blood.

If your nose doe blæde unmeasurably, then fye your little finger very hard about the lower ioynt, and for the most part it faileth not, but stayeth the same.

For spetting of bloud.

Take the iycps of Betony, and temper it with Goates Milke, and gine the Patient to drinke thre dayes.

For the same.

Take Smallage and Mints, Kew, and Betony, and seethe them well in god Milke, and syp it warme.

To stench blood at the nose.

Take Betony, stamp it with a little salt, as much as thou maist take vp with thy two fingers, and put it in thy nose.

To stench blood.

Take linnen cloth and burne it, and take the powder and put it in another cloth, and so lay it to the wound. Also take an Herb that is called Peruincel, and hold it betwene thy teeth, and then shalt not blæde while thou holdest it thers.

Good

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Good for the braines.

To smell the sauour of Muske, Camomile, to drinke Wine measurable, or to eate Sage, but not much, to keepe the head warme, often washing of your hands, measurable walking, measurable sleeping, to heare little noise of Musick or Singers, to eate Mustard, Pepper, the sauour of red Roses, and to wash your temples with Rose-water.

Ill for the Braine.

All manner of Braines, Gluttony, Drunkennesse, late Suppers, to sleepe much after meate, corrupt ayres, anger, heauiness of minde, to stand much bare headed, to eate too much or hastily, too much heate, too much watching, too much cold Milke, Cheeze, all manner of fruits, inchi bathing, Onions, Caulicke, and great noyse, or to smella white Rose.

For stapping in the brach.

Take Kew and seeth it in Cuell, and so drinke it: drinke Pettle-seed brayed, and it shall void grauell of the stone in the Rienes of the Backe.

For a stinking breath.

Take the seed of Coriander, and boyle it in white Kinney or Hache, and thereof drinke three spoonfuls in the morning, and as much at euening, but that you drinke in the morning, must be cold, and the other hot, but you must use to take no excesse of meates, nor drincks, nor sit vp late, but rise vp early.

A medicine for a bruse in the Leg or Arme or else-where.

Take water-Cresses, and wash them cleane, and seeth them in faire water till they be soft, then beate them small in a Morter, and put them in a cleane Pan, & put thereto sweet suet of a Hart, Buck, or Sheep, and put thereto the Lees of Wine and Wheate Brane, and sy all together, and make a plaister thereof, and lay it warme to the soore place, and so lay thre or fourre plaisters, as neede shall require.

Another plaister for a bruse or sore vriped.

Take Otemeale gretes, and seethe them in sweete Cow milke, vntill they be as thicke as Pap, and put it into a Pan, with a quantity of Sheepe's tallow, and boyle them well, and stirre them well, and then make a plaister thereof, and lay it to

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for the diseased.

the griefe as you can suffer it.

For a bruse or a straine.

Take the groundes of Ale or Ware, and wheate bran, and Chickwēd, and lay it to the griefe thre or fourre times a day vpon a red cloath, and not too thin.

For all bruses and aches in the bones.

Take a good quantity of Walwoof, and a certaine of Balm and Smallice, and stampe them well, then take a pounds of Hay Butter, and temper them together, then make them in round bals, and let them ly eight dayes after, and then stamps it againe, then fry it, and straine it, and so put it in an earthen pot, and this will helpe the bruse, though it be very blacke.

A Medicine for burning, scalding, or burnt with an

Hand-Gun.

Take ten or twelue Egges, as you will make the quantity of your Oyle, and let them be as new as you can get, lay them in the fire, & rost them as hard as you can, then take the yolkes, and chop them as small as you can, and put them in a earthen pot and set it ouer the fire, and take a sticke and stir it, and let it boyle vntill you see it consumed in a manner to nothing, then take it from the fire, and set it in the ayre a quarter of an houre or more, and theris will come an Oyle thereof, then take a feather, and anoint the griefe with the same Oyle, and take Harts-tongue-leaves, and lay them vpon the griefe, and that will gather the skin, then you may binde a cloth to it.

Another Medicine for the same.

Take the dung of Geese of one nightis making, and fresh Butter unsalted, or else clarified Shapessewet, and fry them in a frysing pan a good time or season, vntill your sewet be almost consumed, then put them in a cleare course linnen cloth, and straine them into a small vessell, then take a feather, and dip it in the liqvor, and anoint the burned place or scalded, and when you haue so done, wet a fine linnen cloth in the liqvor, and couer the sores withall: and do this thrice a day, and by Gods grace it shall helpe you.

For burning, or scalding.

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Take

An Hospital

Take Hauen-wort, stampe it and mixt it in fresh Butter, & straine it and anoint the patient.

To take away a heat and burning with Gunpowder.

Take a good quantity of Housleke, stampe it and wring out the juice, take the white of six Eggs, and beate them in a dish till they be thin, and then take off the skinne, and put the rest together, and wash the sores with a linnen cloth, and lay the cloth alott upon the sore wet.

A Medicine for burning or scalding.

Take blacke Sope, or grey Sope, and lay it immediately to your sore.

For burning or scalding.

Take a god handfull of Atens, and as much of Shæpes dung, and so fry them in May-butter, and straine it, and anoint the place with the same cold, twice a day, but anoint it first with gray and blacke Sope, and it will helpe, the ointment must be spred upon a flaren cloth if you can get it.

To make an ointment for burning with Gunpowder or scalding with water.

Take a handfull of Barroes-greace, and two handfuls of Grounsell, and two or threé handfuls of Housleke, and stampe the hearbes together, then put to it new shepec-dung two handfuls, of Goose-dung two handfuls, and stampe them together, and being hote, straine them through a cloth into an earthen pot, and with the liquor anoint the burned place.

An oyntment for burning.

Take Plantine, May-bread, Dazy, and gréne barke of Elder, and gréne Goose-dung, and oyle of Olive, stampe them together, and wring them through a cloth, and bathe the place that is hurt with a feather.

For burning or scalding in what place soever.

Take the white of an Egge, and put it in a Pewter dish, and then labour it with an Allum stone, till it be like a Posset curd: then take a fine piece of linnen, and wet it in oyle Olive, or in some other oyle, then lay the said cloth upon the sore, and above it lay the foresaid curd made of the white of an Egge, and that shall draw out the fire and heale the sore.

For

for the diseased.

For the burning or Scallding.

Take fourre Egges and roste them, and take out the yolkes, & fry them in a pan softly vpon the embers, till they be blacke, and thereof will come an oyle, the which sauе and put into a Gally pot, and vse it when you haue need.

A medicine for a burning for lacke of other things.

Take the Berries of Elder tree, and lay them to the soze, and it helpeth.

Another Medicine for the same.

Take Oyle Olie, and beate it with water till it ware very white, and anoint the place.

For a burning with fire.

Take blacke Vernish, and all to annoynt the place with a feather, and it will stay the heate, and heale it as faire as euer did medicin, and so vse it till you be whole.

For a Canker in a womans paps.

Take Coole dung, and Haldendine, and bray them well together, and lay them to the soze pap, & it will cleNSE the Canker, and kill the Worme, and heale the soze.

For the Canker in the mouth.

Take the iuice of Plantine, vineger, and water of Roses, and wash thy mouth withall many times.

A receipt to still a Cock.

Take a red Cock of thre or fourre yeares old, and kill him and dress him faire, and cut him in feure quarters, bruse the quarters, and picke out the fat of them, then take halse a handfull of red Mints, & a handfull of Harts-tongue, put them in the pot close, with halse a pint of Halmie, sixe creps of Hysope, a roote of Parsely, a roote of Fennell, a roote of Endive, twenty Damaske Prunes, twenty Raisins of the Sun, fourre Maces, and let it still twoe hours, and let the pot bee couered with paste, with a platter vnder it, and let the patient drinke it euery morning next his heart.

A Medicine for the Collick.

First take a handfull of Rosemary, as much of time, and as much of Hysope, one ounce of Cloues and Mace, and scath it in a pottle of white Wine, and let it seeth till it be consumed to a

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Quart, then put therin a little Sugare, and drinke therof luke-warme, when you feele your selfe pained, and when it is seuden, as before is mentioned, you must burne it as you burne other Wine.

For the Collicke in the side.

Take a small wooden dish, and put therein first cold ashes then lay vpon them hot Embres, without great coies, & therevpon strew a great quantity of Cummin-seed, and sprinkle it with Palmesey, and so do till the dish bee filled: then couer the dish with a faire linnen cloth double, and lay it so hot as you can to your side where the Collicke lyeth, and vse this two or thre times, and it will helpe you. And for lacke of Cummin-seed, take red Sage, Camomile, Hysope, Lime, Penyroyall, all of like quantity, and vse it as the Cummin-seed before.

A Medicine for the Stone.

Take Pellitory that groweth on the wall, ground Ale, Savisage, Parsly, Auens, Mallowes, and red Pettles, Pepper Chernell, and House-eare, and boyle all these hearbes, of euery of them alike quantity in Whay, and clarifie the Whay with the white of an Egge, and drinke a draught therof at any time lasting.

Another for the same.

Take halfe a pennyworth of Parsly-seed, as much of Radish seed, being well dressed and brased, and seeth them all in a pinte of white Bassard to halfe a pint, and than drinke it milke-warme.

Another to breake the stone.

Take Hawthorne flowers, or for lacke of flowers, take Hawes, and distill them, the flowers in May, and the Berries when they be ripe: take of this water three spoonfulls, and three spoonfulls of Palmesey, and a quantity of Ginger, and drinke it warme.

A medicine not onely to breake the Stone, but also clearely to purge you thereof, if you do vse this same dayly.

Take the Rose of a Hip tree, and pricked Holly-leaues, and dry them in an Ouen, & beate them seuerally into dry powder, then

for the diseased.

then put them together being first searced, and of like quantity: then put thereto the powder of Crammell-seed, and Ryom-seed, of each a like quantity, doing but halfe so many in quantity as the powder aforesaid: and they being mixt all together, vse dayly a good spoonfull of the said powder in a draught of Ale, Beere, white Wine, or Rennish Wine, evening and morning: and besides that, you may vse the same powder in Broths and Pottages, the oftner the better: haue alwages in store a good quantity of the said powder: you must keepe the same alwates dry, in a Pipkin by the fire side, or otherwise.

Another for the same.

Take Parsly, distill it, and vse to drinke the water in white Wine, or in good Ale, and it will destroy the Stone, Collicke, Strangury, and other passions in man or woman.

A Medicine for the Collicke and the Stitch.

Take the groundes of Malmsey, Sheepe's fallow, Rishwort, red-Sage, and Alisanders, seeth all these together, and make a plaister thereof and lay it to the griefe, and anoint you with Oyle Olive, and Oyle of Balme mixed together.

For the Collicke and Stone.

Take Pellitory, unset Leekes, and Malloves, of each a like quantity, stamp them, and put thereto a penniworth of Peates Oyle, fry them well together in manner of a plaister, put them into a bag of linen cloth, and being very hot, lay it to thy belly and it helpeth within an houre.

And for the Stones, lay the same to the reines of the Backe behind, and it helpeth with speed.

For the Collicke and Stone.

Take halfe a pound of Lime, as much Parsly rotes, and blades, halfe a pound of Alisander-rotes, and seeth them all together in a pottle of Ale, vntill it consume to a quart, and so drinke it fasting.

For the Stone and for him that canno pisse.

Take a quantity of Lime, Parsly, crops of Fennel, Hinke-seede, Alisanders, of like quantity, five or sixe cloves of Garlike: stamp them together, and straine them with white Wine or Ale, and drinke thereof first and last, warmed.

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A speciall Medicine prooued for the Stone, Collicke, Dropsie,
Strangurie, and Iaunders.

Take of Cærny halse an ounce: Ginger, Annis seed, Licorice,
Maces, Nettle-seades, Jette, Saffron, of each two penny weight
Fennell-seade, and Spikenard, of each one penny weight, and
thre penny weight of Sinammon, make all these in powder,
and drinke thereof halse a sponefull at once in posset Ale, or in
Pottage.

For the Collicke passion.

Take Annis-seeds, Fennel-seads, and Carraway-seads, of every
of them halse an ounce, Ginger, Galigale, and Sinammon, of
every of them two draymes: Cloues, Maces and Cardam, of
every of them halse a drayme, Settwall, four draymes, Sugar
eight ounces, make them all together in powder.

For the stone in stopping of the water.

Take a pint of white Wine, and therewith make a Posset,
then take all the curd a way, and put into the Posset Ale, two
penny weight of the scraping of white Sope, and boile it, then
drinke it as hot as you can.

For the Collick and the stone, prooued.

Take Parsely-seeds, Browne-seeds, Grommel-seeds, Fen-
nell-seeds, Annis-seeds, Plantine-seeds, and Smallage-seeds, of
every of them a quarter of an ounce, and of Nutmegs, halse an
ounce, of Sugar tryed, four ounces, and beate them altogether
in a Morter, vntill they be very fine, then searce the powder
through a searcket, and vse to drinke this powder euening and
morning, thre dayes in a wæke, with Wine or other drinke
luke-warme, and take of this powder at a time, the quantity
of a great Hazel Nut: and if the paine be great, take of the
oyle of Scorpions, with oyle of Roses, and anoint your side
where the paine is, against the fire.

To purge the bladder of him that cannot pisso.

Take Fennell, and the rootes of Alleanders, Parsely, the
rootes and leaues of Harts-tongue, Maiden-haire, and seeth
them in white Wine, and giue it the patient to drinke, and it
will purge the Bladder in short time.

For the same.

take

for the diseased.

Take, Kew and Grommell, and Parsely, stamp them together, and temper them with white wine, and give it the sick to drinke warme.

For him that cannot well pisſe.

Take a flint ſtone, and lay it into the fire vntill it be red hot, and therewith warme your Ale, and then drinke thereof.

To prouoke vrine, and againſt the ſtone.

Take threē quarts of Ale, warme it well, let it be ſkimmed thrice, then put to it a handfull of Time, & a handfull of Rosemary, and a handfull of Penni-royall, and let them ſeeth together till one quarter be consumed, or more, then, ſtraine the herbs from the Ale, and drinke a draught of the Ale firſt and laſt warme.

To make one pisſe.

Take a quarter of a handfull of Parsely, as much red Fenell, wash and dred them ſmall, and put them in a cup of stale Ale, and make a poſſet therewith, and drinke the Ale, and it helpeth.

For a man that pisſeth blood.

Take Ambros a handfull, Bursa pastoris as much, Parsely-seed as much, ſtamp them all together, and giue the ſicke to drinke thereof in Goates milke.

To prouoke vrine.

Take a handfull of red Nettle-rootes, and ſeeth them in a quart of good Ale, till it be consumed to a pint, and put there-to halfe a dish of Butter, and let it be cleane ſkimmed before the Butter be put in, and ſeeth it in Aleſander-seeds, Parsely-seeds, Grommell-seeds, beaten in fine powder, and ſtraine them through a fine cloth, as much of the one as of the other, and drinke thereof firſt and laſt.

For the ſame.

Take a quantity of blacke Dope, and English Gaffron, and temper them together cold, and lay it cold vpon your nauell, being ſpred vpon a broad paper, or red leather, and then lay vpon it a linnen cloth of ten or twelve foldes, hote, and coule you with a towell, and ſo lie downe vpon your bed warme, and it will make you pisſe within an houre.

A drinke for a windie Collicke.

Take a quart of Halmie, and two ſpoonfulls of the pith of

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of Parsly-roots, and a handfull of Viole-leaues, and fve Bay-leaues, seeth all these together vnto a pint, and drinke it morning and enening warme.

To take a way Cornes.

Take Marigolds stamped, and lay it vpon the sore, euening and morning and it profiteth. Drie pare your Corne, and lay thereto Carpenterine and red Wax boyled together, and make a playster thereto, and it helpeth.

To do away a Corne.

Take and cut away the Corne, and drop into it a drop or two of a blacke Snaile, and puls thereto the powder of Sandisier and it will do it away.

For the same.

Pare away your Corne as neare as you can, and put into the hole vnsleckt Lime as much as a Fitch, and couer it with a playster of Claxe and Rozen, and let it lie 24. houres.

To make a water against a consumption.

Take a quart of Rose-water, as much of womans milke, milke of Sates, or of Cowes milke: put vnto them thirty yolkes of Egges well mingled together, and thereof distill a water, wherof give the patient to drinke warme first and last, with a Cake of Manus Christi, made with Gold and Pearles.

For a Consumption of the Reines.

Take Clary-leaues, and picke them, and fry them with two or thre yolkes of Egges, and put therevnto Saffron dyed vpon a Stone, and grinde it small, and put all together, and fry them in fresh butter, and eate it warme next your heart.

To make a Gelly for one that is in a Consumption.

Take a Leggs of Veale, and cut away the fat, and a Capon or Cock new kyllid, and scald him, and wash him cleane, and let the Capon and the Veale lie in water the space of thre houres, and seeth them on the fire, with two pottles of faire Water, scum it cleane, and as the fat riseth, take it off, and so let it seeth, till halfe the broth be consumed, then put in a pottle of racket Renish Wine if you haue it, or else a pottle of white wine, and let it seethe altogether, vntill it consume to a quart, & clarifie

for the diseased.

clarifie it with thre or four whites of Egges, and let it runne through a gelly bag, and then set it on the fire againe, and put in one pound of Sugar, and one ounce of Synamon grosse beaten, and then let it runne through a gelly bagge thre or four times, and after let the patient drinke thereof warme.

For an extreame Cough.

Take Fennell rootes cleane washed, Annis-seeds, and a little Licorice, and seeth them altogether in white Wine, and take the white Wine, and drinke a good draught thereof when you goo to bed, and the next morning take a Figge and a Date, and roste them, and eate them somewhat hot, and neither eate nor drinke in two or thre houres after, and in two or thre times drinking it shall helpe you.

For the Cough.

Take eight penny weight of fine Ginger, and sixtene penny weight of the powder of Elicompane rootes, and one ounce of the powder of Licorice, and two ounces of the powder of Annis-seeds, and thre ounces of Sugar Candy, mingle all these together, and use to eate it when you will at all times in the day, and you shall finde ease therein, for this is well proved.

For the Cough, and to dry vp the rheume and fleame.

Take a handfull of Sage, and a handfull of Bay-salt dried at the fire, a handfull of Cumin, a pennyworth of Cloues, and another of Maces, and beate all these and mingle them together, and put them into a linnen bagge the length and breadth of a mans hand, and quilt it, and use it hot vpon the mould of the head till you be eased: warme it morning and euening, and lay it to your mould againe.

For the Cough of the Lungs.

Take a pottle of running water, twenty Figgis, a quartene of the best Sugar, a god quantity of Licorice and Annis-seeds, a penny-worth of Haiden-haire, a handfull of great Kalsins the stones picked out, and boyle them vnto a quart, and so warme a little in a stone cruze, and drinke thereof,

For the Cough.

Take Hysope, Horehound, Sugar, and wafer, boile them altogether, till it come to a thinne Sirrope, and so use to eate

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thereof euening and morning, and all other times when you
thinke good.

For the Cough.

Take a pint of Hysope-water, and halse a pint of Rose-water, and a good quantity of Licorice brused, a great spoonefull of Annis-seeds, halse a pound of white Sugar-Candy: let all these boile together, till it come to cleare Sirrope then put it in a faire glasse strained, and take the Sirrope at all times of the day or night, when you list.

For the Cough.

Take a toste of bred, and make it hot, and put on sweet Hallet Oyle one both sides of it, and eate it every morning and euening, and it will helpe you.

For the same.

Take Barrowes or Boxes-greace, thre or four clones of Garlick, and stamp them together, and warme and anoint thy feete therewith at thy going to bed, and so keepe them hot with a tosted trencher and warme cloathes, and you shall recover.

For the chin Cough in Children.

Take Boxes-greace, and warme the soles of their feete at the fire, and chase them with the aforesaid Boxes-greace, and let them go to bed, and keepe them warme, and lay cloathes to their feete.

For the Cough and the wheesing.

Take a pound of Sugar-Candy somewhat finely beaten, halse o pound of Licorice searced, and halse a pound of Annis-seeds, searced, and an ounce of the powder of Ginger, an ounce of Elicompane-rootes made into powder, and mingle these together, and take of the same powder halfe a spoonefull at a time when you goe to bed, and when you rise in the morning.

For the Cough.

Take Hysop, Licorice, Horne-hound, a little of the rootes of Elicompane, great Raisins, Figges cut in small pieces, and Annis-seeds: boile all these in water, then straine out the water, and drinke it every morning fasting.

for the diseased.

For the Cough and for stopping at the brest, and to open the pipes, and so to auoid much corruption.

Take the roote of Elicompane, and a roote of Radish, and shred them thin, and Peare-wardens, twice so much as of both the others, then put all together into a new earthen pot, then put thereunto clarified Honey till it ouer-flow the said ingredients: then couer the pot, and passe it that no breath come out, and set it into an Ouen, and let it bake with a batch of bread, and giue the sick thereof, a spoonefull at morning and another at night.

Master Bakers Medicine for the Cough of the Lungs.

Take thre pints of running water, halfe a pound of Portingale-Sugar, with nine Figgs, and halfe a spoonfull of Annis-sades, brused, a handfull of Raisins of the Sun, cleane washed, having the stones picked out, a peny, worth of Maiden-haire: let all these boile together till the one halfe and more be boiled away, and then straine the same through a fine cloth, and every morning drinke two spoonfuls of it luke-warne, and you shall finde present remedy.

For the Crampe.

Take Holly-oyle, oyle of Violets, and of Swines-greace, of each like much: and make an ointment and anoint the place.

An excellent salve for a cut.

Take two handfuls of Bugle which groweth most commonly in woods, and as much Valerian: bruse them very small, then take a quantity of Dære lewet, halfe so much rawrought Clare, so much of these two as the heathes may be boiled there in, then set it on the fire, and when it is halfe boiled, put in a quantity of the best Turpentine that you can get, then let it boile till it be enough, and all the while stirre it well: when it is boiled enough, straine it through a cloth into a vessel and so keepe it.

For a new cut that wil not leauе bleeding.

Take the blades of vnsent Lækes, and stamp them, and put thereunto Honey and Wheate flower, and stir them well together

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gether vntill they be thick: let it come to no fire, but all cold
lay it to the wound and it will stanch the bleeding, draw out
the bruised blood, and make it cleane.

For the deafenesse in a mans head.

Take a quart of Malmsey, a penny-worth of Cummin, and
eight Betony leaves that groweth on the land: then boyle all
these together till the one halfe of the Malmsey be consumed:
then take the pot that you boyle your Medicine in, as soone as
the hearbes be boyled, and couer it with a tunnell, and binde it
close about the verge, that the heate come not out, then put a
quill in the other end of the tunnell, then put the patients eare
therew^r . . . hat the heate may goe close into his head, first the
one . . . the other, and whilste the heat is driving in the
one . . . must stop the other with blacke woll, and you
take hot cloathes to keepe in the heate on the other side of
the head while the medicine worketh: then serue the other eare
likewise. You must vse it thre^e times in the day, that is
to say, in the morning, at noone and at night, and so you must
continue the space of thre^e dayes, and thre^e nights. Sixt that
the Patient come not into any open ayre the space aforesaid:
and you must put to your Malmsey a quarter of a pint of clere
running water.

A good medicine for deafenesse, vsed by Thomas
Steuens of Bushton.

Take Bay-berries, Bay-leaues, Betony, and S^t icards, of
each of them one handfull, seethe them in white Wine to the
halfe, and for an old man in Malmsey: then put it into a ves-
sell that hath a narrow mouth, and hold your eare ouer it being
unstopped, so that you may suster it, being neither too hot nor
too cold: then take oyle of bitter Almonds, and let drop thereof
two or thre^e drops in your eare, and always haue a locke of
fine blacke woll that groweth betwene the Sheepe^s legges,
to stop close your eare therewith: wherein if you put a little
Muske, it will be the better.

A soueraigne Medicine for the paine and buzzing in
the head, which hindreth the hearing
very much.

Take

for the diseased.

Take one cloue of Garlick, pill it, and pricke thre or four holes in the middest, and dip it in fine English Honey, and put it into your eare, and put a little blacke wolle after, and lie vpon your other side each night, and so let it continue in your eare for the space of seauen or eight dayes, and it will expulse the humors at your nose, expell the paine, and restore the hearing.

For the paine in the eare.

Take two handfuls of Sage, one handfull of Hyslope, and halfe a handfull of Rose-mary; put these into a little pillow boyled in Rose vneger, Aqua vita, and Rose-water, and lay it to your eare as hot as you can suffer it.

An oyntment for a swelling.

Take a good quantity of Smallice and Hallowes, and put thereto two pound of Bores-greace, one pound of Butter, and a quantity of Peates-scot oyle, stampe them well together, and fry them, and straine them into an earthen vessell.

To make a drinke for an extreame heate or drought.

Take a pottle of faire water, a handfull of Succiory, a handfull of Endive, a handfull of Violet-leaves, a handfull of Burrege, halfe a handfull of Lettice, two Fennell-rootes, two Parsely-roots, put them all in your pottle of water, and let them seeth from a pottle to a quart, then take it off, and put a little Sugar to it, and let it haue two wallops more, then drinke of it when you thinke good,

To make a diet drinke.

First buy a diet pot and fill it full of Conduit-water, lacking a quart: then put to the water a quart of white Wine, and set it over a soft fire of coles, then put thereto a pound of Liceras scraped and cut in small pieces: halfe a pound of Aniseeds brused halfe a pound of Lignum vita, bought at the Turners, and an ounce of the barkie of the same, which you may haue at the Apothecaries, then let all these boyle together an houre and a halfe, so that one part of the liquor be boyled away then take and straine it into a faire vessell, and keepe it close, and drinke thereof first and last a pretty draught warme.

A water for the eyes.

Take kindly Roch Allone white, a small quantity of Red

An Hospitall

Nose-wafer, and the iuice of red-Fennel, and the white of an Egge well beaten, and take off the scum of the Egge, and beate them together, then straine it through a fine cloth, then dip your finger in the water, and let it drop in your eye.

Good for the sight.

All this is good for the sight: red Roses, Verualine Rootes, Fennel, Saleradine, Pimpernell, Oculus Christi, to wash your eyes with clare water, or to looke upon greene colours, measurable dape, to looke in a faire glasse, oft washing of your hands and feete, and it maketh your meat digest well,

Ill for the eye sight.

To studdy after meat, Garlike, Onions, Leekes, Lettice, too sodaine going after meat, Wines, hot or cold aire drunkennesse, gluttony, Drinke, Cheeze, much beholding of bright things, and as euill red things as white: much sleepe after meat, too much walking after meat, and too much letting blood, Colewort, fire, dust, too much wæping, and overmuch watching.

A speciaill good water for the eyes.

Take a new layd Egge, and rest it hard, cut the shell in the middell, and take out the yolke, and put in a piece of white Coperas whereas the yolke lay, and binde the Egge together againe, and let it lye in the fice till the Coperas bee desolued in water: then take the white out of the Egge, and cut it in small pieces, and let it stand a while, then straine it through a fine cloth, and keepe it in a close glasse and dresse the eye every morning and evening.

To kill the pin and the webb in the eye.

Take a quantity of thre leaved grasse, as much red-Fennel, as much red-Sage, as much Dazies, the white of an Egge, beaten, and the froth taken away, halfe a spoonesfull of Hony, Rampe all the hearbs together, and then take the iuice thereof, and put thereunto the white of the Egge, and the Hony, and then stir them together, and drop the same into the eye of the patient: then take a plastrer of Flax tow, and dip it in the said Medicine, and lay it vpon the eye of the said patient, and bind it fast and let remaine so an houre at euery time of dressing.

An

for the diseased.

Another for the same.

Take the leaues, of Hallendine, and stampe them and straine them: then put one drop of the iuice therof in the eye, and it will helpe by Gods grace.

For the webbe in the eye if it be old.

Take the red Pimpernell and Euphrasia, and stampe them in a Morter: and then, frys them with Capons grease in a cleane pan: then wring it through a cloth into a vessell of brasse and let it stand therein three daies after: put it in a boare of horne or tinne, and take thereof and put it into the webbe of the eye: This Medicine is soueraigne.

A good Medicine for the eyes, being either.

Pearle or Webbe.

Take three leaues of Dazies, and Pouch-wort, alias Bursa Pastoris, and the Chest-lops, alias Wood-liffe: stampe them together and straine them in a little good Ale: drinke of the same thre severall mornings, two houres before you rise, and you shall finde ease. Notwithstanding your eyes will bee sore, then wash your eyes with cleare running Water: then drinke of your drinke two mornings againe: and you shall bee whole and finde great ease by Gods grace.

A water comfortable for the eyes.

Take the iuice of Euphrasia, or else water made of it: for it is the best hearbe that can be for the eyes, what way soever you can take it.

For sore eyes.

Take rotten Apples and distill them: and with the water therof wash your eyes, and it will purge and cleanse them, and cleare your sight.

For the same.

Take Coperas and lay it in running water and straine it: and when you goe to bed, strike the breez of your eyes with the same water, and let it drop into your eyes.

A water very good for the eye-sight.

Take Rose-leaues, a great handfull of red-Fennell: Meruaine as much: Rew a handfull: Salendine as much: and distill them together, and you shall haue a good water and comfor-

An Hospitall comforstable for your eyes.

A drinke for the eye-sight.

Take a quantity of Juie that groweth vpon the Ashe, a quantity of the rootes and leaues of Dasies in the field, also a quantity of Fennell, and a quantity of thre-leaved Grasse: all these being washed cleane, stampē them and straine them with a pint of stale Ale: and drinke thereof euening and morning, or at midnight for a season.

A perfect water for the eye-sight.

Take Sage Fennell, Vernaine, Betony, Cypriassa, or Eye-bright, Pimpernell, Sinctfoile, and Hearb-grace, and lay all these in white Wine all night: and then distill them in a stillitory or glasse, &c. This water is speciaall god.

For the Emrodes, and to dry vp any sore.

Take the broad Hemphane lease, commonly called Canel-lease, which grow in the waters: wash them cleane, put them in a paper, and fry them in the Embes, and apply them as hot as may be suffered, and make them in powder, and cast them into the soze, and it helpeth.

For the same.

Take red-Worts and seeth them in a pot: then take the pot and set it vnder a close chaire, and sit ouer it, and lay warme clothes about the chaire, that no ayre may goe out, and so sit ouer it till it be cold, and then anoynt the members with the liquor.

For the same.

Take a plate of Lead, and rub thereon a quantity of Bozes-grease, for a man, and Swines-grease for a woman, and wash it with white Wine, and anoynt the Emrodes.

A Medicine for a red and high coloured face.

Take Wine-leaves, Strawberries and Creame, and put two penny-worth of Camphire vnto it: then put it in a stillitory with the aforesaid leaues, and distill it: and take the water thereof, and wash your face therewith morning and euening for a certaine space, and it will take away the high colour of the same.

An

for the diseased.

Another for the same.

Take Cowcumbers, and pare them cleane, and cut them in alices, and distill them, and with the water that commeth of them, wash your face daily, threes or four times in the day: if you haue none of the water, then take the Cowcumber it selfe, and pare it and rub your face therewith.

A Medicine to destroy heate in the face, or in any other place, though it be St. Anthonies fire.

Take a quart of Smiths water a handfull of Sage, a handfull of Elder leaues, or of the greene barke, a penny-worth of Allmon and seeth them altogether from a quart to a pint, then put in an earthen pot and anoint the patient.

For the pimples in the face.

Take wheat-flower mingled with Vineger and Honey and lay upon them, and it will cleanse them.

Good for a Fellon.

Take Sage, Rew, Snailes, Bay-salt, and Bacon, and beat them together, and then lay it to the Fellon, and it shall helpe you.

For the same.

Take Herb-grace, March, and white Woors, rusly, Bacon a little Butter, a house Snaile, mingle them together, and make thereof a plaister.

A Medicine for Biles, Fellons and, vncomes.

Take Wheate-flower, Woors-greace, Bay-Butter, and Sage, and stampe it together, and make a plaister thereof, and lay it to the Bile, or Fellon, and it will both ripe it and draw it, and if it be stred it will worke the better.

To ripe Biles, Fellons, and Vncomes.

Take a pint of swart Milke, and set it ouer the fire, and put therevnto a quantity of sheepe's Dewet, small shred, and a handfull or two of Oitemeale fine beaten, and let all these seeth till it ware very thicke, so that ye may spread it vpon a feire linnen cloth, and lay it as warme as you can suffer to the soze, and it will quickly ripe it, and breake it without great paine, then when it is broken, lay a little Turpentine vpon a piece of white leather pricked full of holes, and it will draw and

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heale it.

A gargarre for fleagme.

Take a quantite of Embre-water, and as much Honey-suckle-waler, a good spoonefull of pure Mustard, a spoonefull of Honey, two spoonefulls of vineger, and a little powder of Pepper, two or thre branches of Rosemary, and the leaues of Sage, and put all these together, and heate them vpon a Chafing-dish of coles luke-warme, and let the patient put a spoonefull at once in his mouth, and hold his head vpwards, and wash his throat therewith, and it shall make him void much fleagme, let him take thereof as oft as he shall thinke good.

To breake the fleagme, and for the Cough.

Take a piat of Iisop-water stiled, one quart of god Muscadine, thre or four god rases of case Ginger, pare them cleane and cut them in slices, and twice so much Licorice, and pare it likewise, one good handfull of Sugar-Candy, grosse bruised, put all these premises together in a glasse, and shake them together, and stop it close, and let it stand fourre and twenty houres then drinke ther eof at your pleasure.

To breake Fleagme.

Take Butter without Salt, and Honey, of each a like quantity, and a few bitter Almonds, blaunch them and beat them fine, and eat a little every day.

For the same.

Take Smallage, and seeth it in Vineger, then take the vineger and wash your brest withall, and then take the Smallage and put it in a cloth, and binde it to your stomacke thre houres.

For the same.

Take Soprell and stamp it, and straine it, then take the juice and temper it with old Ale, and drinke a god quantity in the morning before you rise out of your bed: then take a sleepe after, and you shall deliuer fleagme wonderfull to see for the quantity.

A Medicine for the Flix, or Laxe.

Take Egges, and roste them hard, and take the yolkes of them and straine them with red-Wine, and put thereunto Synamon,

for the diseased.

Sinamon, then seeth them together, and drinke it as hote as you may suffer it.

For the same.

Take Wheat-flower, and the yolkes of Egges, with the juice of Plantine, and make a Cake of it, and bake it in an Ouen, and eate it as hot as you can, and drinke thereto Red Wine or Respice all hot, or else the juice of Plantine, for it will bind hym.

A Caudle for the bloody Flixe.

Take a pint of Red Wine, and the yolkes of five new layed Egges, a good quantity of Sinamon, and a little Sugar, the pill of a Pomegranat dryed and beaten to fine powder a good quantity, and boile all these in a faire platter upon a Chafing-dish of coles, till it bee some what thicke, then let the Patient eate of it morning and evening, and as oft else in the day as his Stomacke will serue hym thereto, and it shall Stop hym, be the Flixe never so great.

A singular medicine for the bloody Flixe.

Take ss much fine cloth as will make a sappotitory, being wrapped round together bottemwise, then wet the same in the best Aqua vitæ, or Aqua composita, and let the parties grieved conuey the same into their Fundament, and it will helpe them God willing within three or four dressings: this is proued, and hath helpen many that haue boorne brought very low, and iudged past cure.

Another for the same.

Take a picce of Allmon, as much as a Walnut, put it in a pint of new Wilke, and seeth it on the fire till the Wilke turns to a curd then take off the curd as you doe the Posset Ale, then take the liquor that remaneth, and put unto it a quantity of the powder of the pill of a Pomegranat, and Sinamon un-beaten, and let them drinke it, and it will Stop them, and if they eate of the curd, they shall be staved the sooner.

For the bloody Flixe:

Take Almonds, skinnes, and all, and stampe them small, and take the water of hoked Barly sodden, and make thereto Wilke and put thereto skinnes and scorches of Pomegranats,

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being stampyd to powder, with a little Sugar, and so eat the same every morning and euening, and put gads of Steele that haue bene made red hot in the fire into their drinke.

To stop the bloody Flix.

Take a quart of Beanes dried ouer the fire, so that ye may make powder of them, then bruse them in a morter very small and boylt them, and take a quart of good Ale, and a quantity of flower, and so seeth them both together, and let the patient eat thereof at night as hot as may be suffered.

For the bloody Flix.

Take a pint of running water, and a pint of warme Milke as it commeth from the Cow, and put them together, then put five or sixe flint stones in the fire, and when they be red hot, quench them in that liquor, then put them in the fire againe, and quench them againe thre or fourre times therein, till the liquor be halfe consumed, and let the party drinke of it warme.

A Medicine for the falling of the fundament.

Take red Pettles bray them well, and put them in an earthen pot, and put thereunto a good portion of white Wine, and seeth it till the halfe bee wasted, and gine it the sick to drinke first and last alwaies warme, and lay the heurbs to the Fundament as hot as he can suffer it.

A plaister to heale a gowty Legge, a wound or sore whatsoeuer.

Take a handfull of Mallow-leaves, and another of Ground-sell, put them in a Posnet with faire water, and let them boile till they be sodden so tender, that ye may make a plaister of them, then put the liquor from the heurbs, and straine them through a strainer vpon a platter, and set the platter vpon a Chafing-dish of coles, then put thereunto a quantity of Deares Hewet, or Sheapes-Hewet clarified, and bywrought Mare, Hallet Oyle, Turpentine, and Rosin: let all these boile vpon a Chafing-dish of coles, vntill they be thick: then straine all the said stuffe through a linnen cloth into a vessell that you will keepe your salue in, and so let it stand vntill it be cold, then vse the same being spread vpon a cloth, and you shall finde ease by Gods grace, and helpe.

for the diseased.

A plaister for the Gowt or Ache in the ioynts, wherwith the
Lord Rich was cured, when all Chirurgians thought
him to be vncurable.

Take halfe a pound of vnwrought Ware, halfe a pound of
Kozin, an ounce of Dlibantum, a quarter of a pound of fine Lit-
targe of gold, thre quarters of a pound of white lead, beaten
to powder, and searce it through a Sencer, and take a pint of
oyle of Peates-fete, and set it on the fire in a small Vessell
with the Ware and Kozin, and when it is molten then put
thereto the other powders, and stirre it fast with a sticke, and
then put a little of it vpon a pewter sawcer, and if it be hard
being so tried on the pewter sawcer, then take it from the fire,
and annoynt a faire boord with some of your oyle of Peates-fete
and as you may handle it for heat, worke it as it were Cordy-
ers ware, and make it in great roles, & make plasters of it with
a chassing dish of coles, and spread it thin vpon a linnen cloth
or leather, and lay the plaster warme where the paine is, and
so renew it morning and euening vntill you be whole, or till
the Ache bee driven into some other ioynt, and then take the
plaister, and lay where the Ache is, and beware of the cold, and
hot Wines.

A Medicine for the Gowt.

Take fourne handfuls of Wall-wort, and one handfull of
Horehound, and bray them in a Morter, and put their iuice to
one pint of Swines-grease, and boyle them on the fire the space
of halfe an houte, then straine it faires: for it is good for all cold
Gowts in the armes, legges, or fete, and for all grieses in the
bones that come of cold.

A drinke for the Gowt festered.

Take a quantitie of Archangell, Betony, Verain of each
like much, and boile them in Wine, and let the sicke person
drinke thereof first and last, and it helpeth.

A plaister for the same.

Take a sawcer full of the iuice of Smallage, another of
Worme-woe, Hony, salt, and vinger, and mingle them well
together, and doe thereto a quantity of Rie-flower, Stir them
fast

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fast togesher, and boile them, and make a plaister on a cloth, and lay it to the sore, drinke a fozelaid, and the plaister, and it will helpe by Gods grace.

Good for the heart.

Haffron, Burrage, Muske, Cloues, Calingall, Nutmegs, the red Rose, Violets, Sugar, Maces best of all.

Ill for the heart.

Beanes, Pease, Lekes, Garlike, Onions, Sadnesse, anger, dread, too much trauell, to drinke cold water after trauell, and euill tidings.

A Medicine for the passion at the heart, called
Tremor cordis.

Take the powder of Burrage flower, the powder of Nutmegs, white Amber likewise in powder, the bone in a Stags heart, the powder of Sianamon, all these powders drinke luke-warme with Bare, Ale, or Wines, euening and morning, and the party grieved shall find ease. These things must be proportioned by god aduice.

A Medicine for a continual head-ache.

Take Betony water, and take a cloth thre or fourre double and but thre fingers broad, wet it well in the Betony-water, and lay it to your forehead cold. Let the cloth being wet come round about the head, and tie it fast, and thre or fourre times thus doing, it will helpe thee, and when the cloth is dried, wet it againe.

A Medicine to clese or purge the head.

Take Pellitory of Spaine, and chew the roote in your mouth thre dayes at times, and it shall doe away the Ache, and saisten the teeth in the gummies.

A Medicine for the paine in the head.

Take a Rose-cake, cut it in length and breadth of the forehead, then take Rose-Water and vineger of like quantity, as hot as you may suffer it, and lay it to the forehead,

A medicine for the wind in the head.

Take a handfull of flowers of Camomile, and halfe a handfull of powder of Cummin, and mingle them together: and make two bagges of the breadth of your eares,

for the diseased.

and lay them there vnto.

For the head-Ache.

Take the iuice of Rew, and put it into the nose-thrills, for it getteth out the fragme, and cleaseth the braine, the hearde sodden in Wine doth the same.

For the Megrime or head-Ache.

Take four or five Nutmegs, and pare and slice them as you would pare and slice Ginger thin, then make two little bagges of linnen cloth, of the length of your finger, and put in the Nutmegs, then take a quantity of pure red Rose-water, and lay your bagges in the same water in a dish vpon a Chafingdish of coles, and make them hot, and lay them to the temples of your head.

A Medicine for the Megrime truely proued.

Take halfe an ounce of Pepper, two Nutmegs, halfe a quarter of an ounce of graines, one pint of Wineger, and a handfull of Rose-mary, and boile all together betwixt two plasters vpon a Chafingdish of coles, and then take a cloth, and put it ouer your head, and hold your head close over it till it be boyled well-niere all away, and by Gods grace it helpeth.

For the Megrime.

Take five-leaued grasse, and Morell that is called S. Mary hearbe, even portions of these two, and Betony as much as of both the other, and beate all these in a Morter, and take the iuice of them, and put to the same iuite as much May-butter as the quantity of the iuice, and therof make an ointment, and anoint therewith the patients browes when hee goeth to bed.

Another for the same.

Take Wole Armonick, Sanguis Draconis, and Terrac-
gillat, of each like quantity, and heat them in powder, then to make a plaister, take flax and lay it vpon a russet paper, as broad as you will haue your plaister, and take the cleare of an Egge, and lay it vpon the flax, and then take the foresaid powder, and cast it on that side of the plaister that shall lye next your head: and put one folde of russet paper, or else of linnen betwene your head and the Medicine, or else it will cleave

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cleane very soze to the haire of your head, and this Medicine is well proued.

A good Medicine for the Megrime in the head.

Take leather vnallomed, so broad as your soze-head, and in length from Temple to temple, rase the same leather, but not through, thereupon lay the oyle of the white of an Egge, then take of the Apothecarie Sanguis Draconis beaten into powder, and scatter the same vpon the oyle thinly, and this done, lay it vpon the soze-head, not taking it away till it be ready to fall away of it selfe.

A Medicine for the blacke Iaudis.

Take Wheate-Straw and lay it abroad vpon a faire floore, in a close house, and put in Geese, and watch when they dung, and take it vp whole, and with a knife scrap off the white that is about the dung, till you haue a quantity thereof, then drie it in an Ouen, and make powder theress, and drinke it morning and euening in Ale, warmed, and that will cure both the blacke and yellow Iaudis.

Another Medicine for the Blacke Iaudis.

Take the hearbe Ambros, Betony, Mugwort, of each of them a handfull, of Centory halfe a handfull, and thre or four Docks:rootes, cleane washed and scraped, and stampe all these together in a morter till they be indifferent small beaten, then take Spicknell, Turmericke, and Galligarie, of each of them like quantity, and stampe them likewise in a morter, then put the hearbs in a cleane linnen cloth by themselues, and the splices by themselues, and tie them fast with strings, and hang them in a gallon or two of Ale when it is new and ready to bee turned, after thre or four dayes drinke eue. y morning next your heart a god draught theress, and drinke no: eate nothing two or thre houres after, and do so likewise when you goe to bed, and no doubt by Gods grace it will helpe you.

For the blacke Iaudis M. Anthony Cox prisoner.

Take the gall of a Rauen, and drie it, and grate it into powder: take a quantity in a spone, and temper the same with Bare or Ale together, and drinke it fasting in the morning.

A Medi-

for the diseased.

A Medicine for the yellow Iaundis.

Take a handfull of red Pettle crops, and saeth them in a pinte of Ale, and drinke the same being strained, thre or fourre daies together.

Another for the same.

Take hard Spanish Hope, a little stale Ale, in a cup, and rub the Hope against the cup bottome, till the Ale bee white, and saue it in Iuory, and let the patient drinke thereof first and last till it be whole.

For the same.

Take Salendine leaues, and put them into your hosen next your farte.

A Medicine for the yellow Iaundis.

Take a bigge Apple, and cut the top, so as it may couer the Apple againe, and take the coze, and put into it some sweet Butter, and a good deale of Turmericke, and a good quantity of English Saffron, and rosse it very tender, and let the sicke person eate of it thre or fourre mornings together, or more if neede be.

For the same.

Take a quart of white Wine, a great handfull of Salendine leaues, and boyle them to a pinte, but in Winter take the rotes, and drinke thereof morning and euening warme.

For the yellow.

Take Bay-salt, Otes, and Cummin, and dry all these, and make two bags thereof, and as hot as may be suffered, lay the one after the other to the plow or crowne of the head, and so vse it a good while.

For the same.

Take sharpe leauen and Bay-salt, vpon it cold, and put it to the yellow and it will helpe.

A very good Medicine for an itch.

Take Dock-rots, and beate them, bruise them and frys them with Fresh Butter, and anoint the patient with the salue, and in fiae or fice times dressing, it will helpe you.

To make one seeme young, long, to purge the winde
and cleare the sight.

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Make powder of Fennell, Annis, and Elicompane, and semper them with Aqua vita, and dry them againe, and eate a quantity thereof morning and euening.

To make a Whay Laxatiue.

Take a pint and a halfe of clarifed Whay, halfe an ounce of Sennye, a groats worth of Annis-sads, haife a handfull of Hops Burrege, Buglas, of each halfe a handfull, and a little Fumitory, and seeth all these in clarifed Whay, untill it be halfe consumed, and drinke it two mornings.

A good plaister for the festered legges that haue beene long sore.

Take March, and wild Tansie, Plantine, and the great Morell, Honey, and the white of an Egge, and milke of a Cow that is of one colour, and barley flower, and chicken all these together, and bray the hearbes in a morter, and after that mingle the rest with the hearbes.

For the stopping in the Liver.

Take the broth of a Chicken, of Mercury and Succiyy halfe a handfull, and a few great Raisins, and picke out the stones, and let all these boile together: then take a few bitter Almonds and blanch them, and beate them, and with the same liquor make Almond milke, & so vse to drinke it every morning first.

Another for the same.

Take Mander-roots, boyle them in halfe a pint of Ale, and let it seeth to a draught, and let him drinke it in the morning fastyng: twice in a weeke.

For the same.

Take Turpentine of Venice, to the quantity of a Beane, and put it in a spoone, and hold it ouer the fire till it do melt, then put thereto a little white Sugar, and let him eate it every day fastyng.

For heat in the liver, and drynesse in the hands.

Take a quantity of Strawbery water stilled, seeth therein a quantity of Liverwoort, and drinke it with as much Hicroppe of Mints.

For the heate in the Liver.

Take Saunders, and good Strong vineger, and heate them hote,

for the diseased.

hote, then take the scarlet in graine, and dip in the same; and so lay it to the spone of your brest, one the right side.

For the Plurisie.

Take Wrothelime, Sheep sewet, and a little faire water, and syry them together in a frying pan, and make therof a plaister, and lay it to the Patients side, and it will draw out the corruption.

For the Plurisie, or Stich.

Take Aqua vitæ, and Capons-grease, bryle them together, and dip therem blacke wöll, and lay it hot to the Stomacke, and it will ease the Stich.

For the Lungs.

Take the Lungs of a Fore, and dry it to powder, and put a quarter of a sponefull into a litle Almond milke, or broth, and eate it, and it is very god to preserue the Lungs.

For the pricking of a thorne, or needle in a ioynt, if the hole be stopped againe.

Take fine boulded flower of Wheat, and temper it with white wine, and boyle it together untill it be thicke, and lay it on the soare as hote as you may safier it, and that shall open the hole, and draw out the venome or filth, and ease the aking, and heale and close it vp againe; and for lacke of white wine yee may take Ale or Beere; and this medicine is god to heale a Wyle Whitlow or Uncomme.

An easie Purgation.

Take a pint of white Wine, and one ounce of Sæny, and a good handfull of Raisins of the Sunne, the stones being taken out, and halfe a sponefull of Annis-seedes; put all these into the said White Wine a whole night, and the next morning boyle it to a draught, and so let the person drinck it luke-warme; and if you will, you may put therunto thre or four rootes of Polipodie of the Oke.

An easie Purgation.

Take two pound of Figgis, and put them in a gallon of fine woort of Barly Malt, put therunto two ounces of the powder of Licorice an ounce of Sugar, when the Figgis are boyled, bray them small in a Morter, and draw them through a

An Hospital

Grainer, and let it boyle againe, and cast thereto a pint of the best Oyle Olive, when it is well cooled: an ounce of Raisins or Currants, and eat this with light bread.

A plaister to be layd to the same side that the melt is in.

Take a good quantity of new wheat branne, as much Anisis-seeds, and beat them small in a morter, then in a pan mingle them with Vineger vpon the fire, till it be like a plaister, then put it in a linnen bag of two handfulls long and one handfull broad, and make it thin and warme, lay it to the side where the melt is, and role it fast, and in the morning take it away, and then wash the side with his owne water, and drinke againe, vse this order four nights.

For the Morphew.

Take and drinke Elder-water nine dayes thre spoonfuls, and every day looke that yee sweate, then take thre or fours Oke Apples, and lay them in white vineger four and twenty houres, and then wash the body with vineger, and it helpeth.

Another for the Morphew.

Take the iuice of Salendine, and mingle it with the powder of Brimstone, and lay it where the Morphew is, all cold.

For the Morphew white, or blacke.

Take Betony Harts-tongue, Sage, Plantaine, red Fennell, water-Cresses, of euery of them one handfull, of hearbe Benet halfe a handfull of the leaues, of Mervine an ounce: and distill these, and drinke every day fasting four spoonfuls thereof, and walke an houre after vpon it.

To cleNSE the mouth, and to fasten the teeth.

Take Sage and Woodbine-leaues, of each a handfull, a good spoonfull of Honey, a pice of Allom as big as a good Walnut, boyle all these together in a quart of running water to a piate, and wash the mouth with this water luke-warme thre or four times in the day.

To destroy a Ring-worme.

Take a red Docke-roote, and let the roote be pared, and when it is pared, lay it in vineger, till it be well steeped, and then rub it well vpon the Ring-worme: and if it be very ranke, take the powder

for the diseased.

powder of Brimstone, and lay it in the vineger: and temper them well together, and then rubbe well the Ring-Worme withall, and it shall destroy it.

A Medicine to kill a Tetter, Ring-worme, or any kinde of Itch.

Take sallet Dyle and Sait tempered together, and being luke-warme, anoynt the soze therewith.

A restority which diuers Noble-men haue vsed, and hath preserued their life.

They tooke a pound of Cap Dates, cleane picked, and the stones taken out & caused them to be sodden in a pint of Muscadine, till the wine were somewhat consumed, and kept it in a glasse, and thereof did put in their pottage thre o^r four sponefuls at once when they did eate any broth euerie meale.

To heale the vessell wherein Nature lyeth,
if it be broken.

Take the huskes of ladies, o^r Acornes dyed, and beaten to powder, take a sponefull, and drinke it in the morning with a little warme Ale, and lye in your bed an houre o^r two after.

For the Palsie.

Take a handfull of Sage, a handfull of Hotherne-wod, a handfull of Spike, a handfull of Lauender, a gallon of running water, and boyle all these together, till it come to a pint and a halse, then straine it and put it out into a storne Cruse, and take euery time thereof four o^r five sponefuls in a sawcer luke-warme, and gargle it in your mouth to and fro, and after spit it out; and in like manner put four o^r five sponefuls in a sawcer lukewarm, and so chase that part of the body which is pained with the Palsie, with a spunge dipped in the said water.

Another for the same.

Take powder of Pepper, and powder of Bellitory of Spain and powder of Iuie of each an ounce, and powder of Sage, two ounces, and vsle this powder in thy pottage.

For lamenesse in the side comming by Palsie.

Take a bath of Sage & Hisope, & boile a great quantity of them together, in running water, and bath the side whch is soze with it, and bind the hearts to it so hote as you can suffer it.

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A Medicine very good for those that bee taken with the
Palsie, though not the shaking Palsie.

Take the blood of a Fox warme, as it commeth from the
Fox, the blood about the heart is best, but all the rest is good:
and with this blood all to chase the place that is taken, and then
take the skinne of that Fox, and put the raw side neare wheres
the Palsie is: and it must lie to it at the least twelue houres:
and in the meane time till you can get the Fox, chase the num-
med place with Oyle of Olive, or Aqua composita: this me-
dicine of the Fox is speciall good for the Palsie, and hath bene
well proued.

For the Palsie that taketh away the speech.

Take Sage-leaves, & Primrose-leaves; and if it be Winter
use Primrose-roots, then beat y Sage and the Primrose-leaves
together, of each like much straine it with Ale, then give the
Patient to drinke a good quantity. This is well proued.

For the same.

Take Sage and dry it betweene two warme stoles, and lay
it to the nape of your necke, and binde it to the wrists of both
the armes: then take a Palsmeg and slice it thinn, and lay one
slice aboue the tongue, and another under the tongue, and so use
it as often as you thinke good, and by the grace of God it shall
do much good: the necke, and the wrist must be anointed with
Oyle of Spike, or the Water of Spike.

A Medicine for the Palsie,

Take Lauender, Spike, and Sage, and distill them, and
drinke thereof a good quantity every morning, being warme,
either in Ale or otherwise: take also Sage and Betony, and
put them betweene two dishes vpon a Chafingdish of coales,
and sprinkle them with good Malmise, and so apply them
warme to the nape of your necke, and the wrists of your hands.

A Medicine for the Palsie.

Take the beards of the heads of unset Leakes, and wash
them cleane: take a quantity of running water, and soeth
them therein till they be somewhat tender, then dry them wet
in a linen cloth, rampe them as small as you can, then take a

for the diseased.

good p̄ce of fresh butter, boyle them therin, vpon a Chaffag-
dish of celes, and put in a good quantity of English Saffron,
and boyle them together, and when it is well boyled, straine it
through a faire cloth into a glasse, and keepe it, and when you
will occupie it, make a plaister thereof vpon a linnen cloth, and
lay it cold to the griefe.

To stench the bleeding of the Piles.

Drinke the iuice of Milfoile, for that is proued: also doe
therunto the powder of burnt Garlick, & the Piles shall die.

To destroy the Piles.

Take Oyle of Roses, and Frankincense and Hony, and
make an ointment of them, & put it in with thy finger, into thy
fundament: and put thereunto Mirrhe, and often anoynt the
fundament therewith, and let the breath thereof go vp into
thy Fundament.

A true medicine for the Piles.

Take blacke wooll, and blacke sope, and binde it thereto.

To make a salue to bring wounds that rankle and ake
into their owne kind and ease the bur-
ning and aking.

Take the iuice of Smallag and Plantine, like much, take
Hony and the white of an Egge, like much, and put to them
boulted flower of wheate, and stir them well together vntill
they be thicke, and let it come neare no fire, but all cold, and
raw: lay it to the sore, and it shall cleanse the wound, and ease
the aking, and bring it to his kind, and heale the wound faire:
This is a principall salue.

For a wound that is ouer-healed and sore vnderneath.

Take barley meale, the white of an Egge, and Hony, and
mingle them together, and make a plaister thereof, and apply
it to the soze, and it helpeth.

A plaister for a greene wound.

Take flower and milke, and seeth them altogether till it bee
thicke, then take the white of an Egge, and beate them toge-
ther, and lay it to the wound, and it will keepe it from rank-
ing.

To

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To make Molloniceret to cure any greene wound or Vacome,
or others, whatsoeuer they be.

First, take two pound of Rosin halfe a pound of Ware, halfe
a pound of Frankincense, a quarter of a pound of Sheepes
sewet clarified, put them into a faire pan, then take a potile of
the iuice of Gillonet, boyle these aforesaid stoffes with a soft
fire, till they be moulten, and stir them a pretty while, then put
therennto the iuice of your Gillonet, and stir them till they
be cold, and let them stand a day or two, then melt it againe
with a soft fire: and when it is moulten, put therennto a pint
of red Wine, and stirre it till it be cold, that you may worke it
with your hand, and make it in roles.

A water to cure all manner of wounds and sores, be they ne-
uer so sore and stinking, and all manner of cankers in
the nose, mouth, throte, or wherefoeuer.

Take a hand full of red Sage, a handfull of Salendine, and as
much of Wodbine-flowers with the leaues: take a gallon of
running Water, and put the herbes in it and let them boile to
a potile, then straine them through a strainer, and take the li-
quor and let it ouer the fire againe: then put thereto a pinte of
English-Hony, a god handfull of Roch allom finely beaten, a
penny-worth of graines grosseley bruised, and let them boile all
together thre or four walines, and then let the scum be taken
off with a feather, and when it is cold put it in an earthen pot
or bottile, so as it may be kept close: and for a green wound take
of the thinnest of the same water, and for an old sore, of the
thickest, the water being first well shaken together, and after
that you haue clensed the old sore with white Wine, take a
quantity of fine lint, and the same being well wet in the said
Water, do you therewith oftentimes bathe your said wound,
and with the said lint in the end couer the wound: and if there
be any holes in the said wound, fill them with Lint mad-
tent wise, and so after couer the wholle wound with a piece of
a bladder, the more better to continue your lint in mystures:
dresse your wound twice a day in the morning and in the eue-
ning, and it healpeth.

A

for the diseased.

A Medicine or drinke for him that is burst in the
f^{or} belly or cuds.

Take a knuckle of Neale, a pottle of white Wine, halfe an
ounce of Pace, halfe so many Dates, halfe a pound of Raisins
of the Sunne, a handfull of Cumfrey, a handfull of Polipo-
dium, alias Fecne of an Oke, a handfull of Sparcking alias
Knotwort, take all these, and put them in an earthen pot, and
set on a Kettle of water of nine gallons, and set the earthen pot
in the water, and stop it with paste very close, and let the Kettle
bee kept seething fure or sixe houres with the earthen pot
therein, and keape the Kettle still full with other seething wa-
ter: then take all these and beat them in a Morter, and straine
it, and giue the patient of the liquor thereof both first and last.

For the Tooth-ach.

Take a pinte of white wine, halfe a handfull of Lanender-
cotton, and saeth them together till the wine be halfe spent,
then put into it halfe a spoonfull of Bay-salt, then let it saeth a
little, then take a spoonfull of the lique, and put it in that side
which the paine is in, and keape it in thy mouth, and then put
another spoonfull in, so one after another, and it will help the.

A good drinke to put out the smail Pox or Pimples.

Take a Posset of Ale with Hilke, and the curd being taken
off, take red Fennell the quantity of a spoonfull, and the same
being sod together with the Ale, straine it, and put thereto the
quantity of a Nutmeg, of fine Treacle, a quantity of Suetwall,
and a quantity of English Saffron, being well mingled toge-
ther, and giue it the patient to drinke warme.

A present remedy for an Ague,

Take two ounces of Bay-salt, as much of white Frankin-
cense, and a handfull of Smallage, beaten all together, and lay
it to the wrists of your hands, & to the boughs of your armes
two houres before the fit doe come: prooued.

For the same.

Take two or three Cloues of Garlick, and braise them,
and a pennyworth of Aquavitæ, halfe a pint of Ale, and seeth
them together, and drinke it a litte before the course of fit

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doe come, as hot as you may.

For the Collicke.

Take Grommell-seed, Parsly-seeds, and Annis-seeds of each two spoonfuls, greene-Fennell one handfull, one Parsly-roote, one Radish-roote, of each as long as a finger, a posset-Wine one handfull, one handfull of Philopendula, and a handfull of Cherry-Stones, wash all these and bruise them and stampe them very small, boile all these in two quarts of white Wine, in an earthen pot close, till a pint be consumed, then let it run through a stinen cloth of it selfe, without straining, and drinke it morning and euening.

For the windie Collicke.

Take a quart of Ale clarified, two spoonfuls of the flower of Licorice, one spoonfull of the flower of Annis-seeds, halfe a spoonfull of bruised Fennel-seeds, a little Wine and seeth them together till a pint of Ale bee consumed, and so drinke it first and last.

For the Collicke and stone.

Take a handfull of Anens, a handfull of Pellitory of the Wall, as much of Cammomell as will lie in the palme of your hand, and a spoonfull of Parsly-seed bruised a little, make a Posset of Renish wine, take the curd, and boile all these together in the drinke till the substance bee boyled out, then use it morning and euening.

For a paine in the side that commaeth of winde.

Take a handfull of Cummin-seed, another of Annis-seeds, and two of Rew, and seeth all these together in running water from a pottle to a quart, put to it halfe a pint of white Wineger before it be cold, dip a sponge in it, and wring out the liquor somewhat, and lay it to the Patients side as hot as he can suffer it, and when it beginneth to ware cold, take a new.

To remooue a disease from the stomacke.

Drinke a quantity of Dragon water, or water imperiall mingled with Treacle or Mithridatum.

For them that doe cast vp their meate, by reason of
weakenesse of the stomacke.

Take the nether crust of Browne-bread, drye it well and
leisurely

for the diseased.

leisurely at the fire, then stape it in strong Wineger a little while, take it out and spread upon it the powder of Cloues, warme it againe, and tie it about the mouth of the Stomacke, and the vomit shall cease.

A drinke for cleansing the stomacke, and to be taken
luke-warme in the morning.

Take Isole, Rosemary, and Lime, of each two crops, and put them in a pint of Ale, with a good a quantity of Sugar, and let them boile while the strength is in them, then drinke thereof two houres before meat.

A drinke to auoid the fleagme out of the stomacke, to make it
easier to come vp: you may take of it a spoonefull
or two, continually when you need.

Take eight spoonesfulls of Rose-water, soure spoonesfulls of
Conduit water, and two spoonesfulls of white Wineger, halfe a
quarter of white Sugar, boyle all these in a Porringer upon a
Chafing-dish of coales, and scum it cleane, and then drinke it
luke-warme.

A remedy against the Plague, sent to the Lord Mayor of
London, from King Henry the eight.

Take a handfull of Sage, a handfull of Yerbe-grace, a hand-
full of Elder-leaves, a handfull of red Bramble leaves, stamps
them all and straine them through a fine cloth with a quart of
white wine, & then take a quantitie of Ginger and mingle them
together, and so take a spoonfull of the same, and you shall bee
safe for soure and twenty dayes, and so being nine times taken
shall be sufficient for all the whole yeaer by the grace of God.
and if it be so that the party bee stricken with the plague before
he hath drunke of this Medicinae, then take the water of
Scabious a spoonfull, and water of Betony a spoonfull, and a
quantity of fine Treacle, and put them all together, and cause
him to drinke it, and it shall put out the venome. If it fortune
the Wotch to appeare, then take the leaves of Brambles,
Elder-leaves, Mustard-seede, and stamp them all together,
and make a plastrer thereof, and lay it to the sore, and it shall
draw out the venome, and the party shall be whole by the grace
of God.

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To cause one for to sleepe.

Take a spoonfull of pure Rose-water, as much of Wineger, two spoonfulls of the Dyle of Rose, halfe a handfull of Rose-leaves made in powder, mingle them altogether, and take crummes of leavened bread made of wheat, and make a plastrer thereon, and lay it ouer the soehead and temples.

For a sore throte

Take Collumbines, and Sincuoile, and stamp them both together, and straine them with Milke, and drinke it very warme.

For the Hickop.

Take Dyle of Lillies, and anoint the sickes mans body sundry times.

For a Canker in the Mouth.

Take a Flower-deluce-roote, and wash it, and slice it, and a few leaues of Penny-royall, lay them in a peece in Conduit water, and so wash your mouth with the water.

For a Laske.

Take an Egge, and Aqua composita, and boile it with the Egge till it be drye, then take Sinanion and Sugars, and eate with the Egge.

A Medicine very precious called *Flos unguentum*, good for all manner of maladies, that is to wit, against all sores, and wounds, against all manner of impostumes in the head or body, against head-ach, singeing in the braine, or boiling in the heart, shrinking of sinewes, it draweth out any thorne or broken bone, and all manner of Ache out of the Liuer, Spleene, or Lungs, it helpeth the Emerodes, and it is very good to make a Seare-cloth for all Gouts, Aches, and pestilent Botches, and therefore this treatise is worthily called *Flos unguentum*.

Take Rose and Ver, of each halfe a pound, of Virgin-wax, and Frankincense, of each a quarter of a pound, of Masticke an ounce, of Harts lewet a quarter of a pound, Campher, two drachmes, melt that is to be melted, and pare that is to be pared, and seare it, boyle it ouer the fire, straine them through

for the diseased.

through a cloth into a pottle of white wine, with all the other Medicines together, then let it coole; till it be no hotter then blood-warme, then put thereto a quantity of Turpentine, evir stirring it vntill it be cold, but evir beware that your Ounce be no hotter then blood-warme when you put in your Turpentine, or else it marreth all the Ounce: and make it vp in rollers, and keape it to youre vse, and when you will, occupy it plastrwise to your griefe.

To make the blacke salve, that cureth all old sores and Ulcers, be they neuer so great, foule and stinking.

Take a gallon of stale Ale being very strong, two handfulls of Woodbine-leaves, halfe a handfull of red seeded Nettles, as much Coleworts, with the ragged leaves, halfe a pound of red Onions, halfe a pound of Garlicke pilled, a pound of vnset Leekes, a little dish-full of handfull of the powder of a rotten Post, of an Oke is best: let all these be stamped small in a morke senetally by themselves, put them into the Ale with halfe a pound of Riche Allom, then set them ouer a soft fire and let them boile til the one part or more bee boiled away, then let them stand thre or fourre daies, but first straine them through a cleane cloth into a cleane vessell then put to them halfe a pound of waxe, halfe a pound of Rozin, halfe a pound of the Peruell which is greene, a quantity of Cone Honey, then set it ouer a soft fire againe, and let them boyle till the one halfe be consumed, then put it into a cleane earthen pot, and stop it very close, and vse therof when you haue occasion.

Prescriptions and rules made by M Doctor Good, to be obserued at the Bathe

Vhen you come to Bathe, after your journey, rest and quiet your body for the space of a day or two, and see the fashion of the Bath, how and after what sort others which are there doe vse the same.

If it be not a faire cleare day, goe not into the open Bath, but rather vse the water in a Bathing vessell in your Chamber as many men doe.

The best times in the day to goe into the Bathes, is in the

An Hospitall

morning an houre and a halfe after the Sun rising, or thereabout, in the most quietest time, and when you shall feele your Stomack well and quiet, and that your meat is well digested, and haue rested well the night before: but before you goe into the Bath, you must walke an houre, or halfe an houre at the least in your chamber, or elsewhere.

You must always goe into the Bath with an empty Stomack, and as long as you are in it, except great necessity require the contrary, and then to take some little supping before your walking, or before you rise is not hurtfull, let your tarrying in the Bath bee according as you may well abide it, but tarry not too long in any wise at the first, although you may well abide, that your strength at no time may faile you.

You may tarry in the Crosse Bath an houre and a halfe at a time after the first bathing, and in the Kings Bath you may tarry after the first bathing, at one time halfe an houre or thre quarters of an houre, but in any wise tarry no time vntill you be faint, or that your strength faile you.

And if at any time you be faint in the Bath, then you may drinke some Ale warmed with a toste, or any other supping, or grane Ginger, or if great need be, Aqua composita, Methylidatam, the bignesse of a Nut-kernell at a time, either by it selfe or mixed with Ale or other liquor,

As long as you are in any of the bathes, you must couer your head very well, that you take no cold therest, for it is very pernicious to take any cold on your head in the bath, or in any other place during your bathing time.

When you come forth of any of the Baths, see that you couer your sclues very well, and dry off the water from your body with warme cloathes, and then put on a warme sheet and a Mantle, or some other warme gowne: for taking of cold, and so goe straight way to your warmed bed, and sweat diligently, and after that you may sleepe a while, but you must not drinke any thing till dinner time, except you be very faint and then you may take a little Sugar-candy, or a few Raisins, or a little thin broth, but small in quantity to stoke your thirst onely, because it is not good to drinke or eate by and

for the diseased.

by after the Bath, vntill you haue slept awhile if you can.

After that you haue slept and sweat enough, and are clearely deliuered from the heat that you had in the Bath, and in your bed, then may you rise and walke a little, and so goe to your dinner, for by measurable walking, the euill vapours and windesse of the Stomacke that are taken in the Bath bee driven away and vtterly avoyded.

After all this, then goe to your dinner, and eate of good meates but not very much, that you may rise from the table with some appetite, so that you may eate moare if you would, and yet you must not eate too little for decaying of your strength.

Let your bread be of good swete meale, and of one dayes baking or two at the most, and your meate well boyled or rosted, and especially let these be your meates, Mutton, Veale, Chickens, Rabbits, Capon, Pheasant, Partrich, or the like.

You may also eate fresh water fish, so it be not muddy, as Cales and the like, restraine all salt fish, as Ling, Haberdine, &c. auoyd all fruit and raw hearbs, Sallet, and the like.

Apparrell your body according to the colenesse of the wea-ther and the temperature of the ayre, but in any wise take no cold.

And if you bathe againe in the afternoone, or after dinner, then make a very light dinner, as a couple of poached Egges, a Cawdle, or some other broth with a Chicken, and then after fourre or five houres your dinner so taken you may bathe againe, and in any wise tarry not so long in the bath as you did in the forenoone,

You must at no time goe into the bathe, except you haue boone at Stole, either by nature or other wise, and if by no meanes it will be of it selfe, then take a suppositorie once in two dayes at the least wise.

For all manner of Wormes.

Take Groundsell, and Plantine with the roote, and Campe them and straine them with Palmsie, and warme it, and giue it the patient to drinke thre dayes together, it will kill al manner of wormes, and if you haue a Ague, it will also rid it by Gods grace.

A medi-

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A medicine for the wormes in a child

Take Aqua composita that is made of heartes, and wash the brest of the childe, then take the powder of mirche, very fine beaten, and strew it vpon the brest of the childe after that it is washed, and lay a warme cloth to it, and let it lye soure and twenty houres.

For the wormes.

If it fortune the Child to answē a worme, as oftentimes they doe, then take that Worme and dry it, so that you may make it into powder, and give it to the childe to drinke in Ale or Wōrt, and it shall kill the rest of the Wormes, or cause them to come forth alieue.

For him that hath dranke venome, and his belly beginneth to swell or ake;

Take grāne Rew, wash it, stamp it and temper it with white wine, and give it him to drinke.

To cleare the voyce.

Take Organy, Isole, Harts-tongue, Elicompane, of Licōice, and of Fennell: and boile them together with cleane water, and so drinke it first and last.

A Medicine for the Tisicke, and stopping in the brest, and to open the pipes.

Take Parsly-rotes, Fennell-rotes, Succory-rotes, and take out the pith of them, and seeth them in white Wine till they be soft, seeth therewith Juniper berries, if you can get them, then straine it: when it is well sodden, put

Pellitory of Spaine to the Wine and
let the sick drinke of it mor-
ning and euening
eight dayes.

**

FINIS.

